



Counselling | Mediation | Supervision

| RATES CARD 2026

CHS Life Center, Raapkraal Road, Kirstenhof, Cape Town.
www.theconnectgroup.co.za

kaylatesspattenden@theconnectgroup.co.za | 079-513-7015
psychosocialsupport@theconnectgroup.co.za | 069 146 5771

SENIOR PRACTITIONER HOURS

Monday-Wednesday 8:30am-3:30pm

Fridays 8:30am-3:30pm (ONLINE)

Saturday Hours- Discretionary

JUNIOR PRACTITIONER HOURS

Tuesday and Friday 2:30pm-5:30pm

Saturday Hours- Discretionary

FINANCING SESSIONS

Fees are predetermined and agreed on prior to your first session.

The following terms & conditions apply to financing sessions:

- All fees are inclusive of tax.
- A minimum fee of R500 required per session unless otherwise specified.
- Reduced Rates or Pro Bono sessions are awarded at the discretion of the social service professional.
- Intake fees or once off sessions and are payable in cash or card ONLY- They are settled onsite at the start or end of the intake session.
- Ongoing regular sessions are financed retrospectively monthly.
- Cash, card or EFT options available.
- As a tax compliant entity, tax charges have been included in all rates represented herein. Cash payments will result in the deduction of this tax rate.
- EFT Payments are payable to your specific practitioner's account. Please take note of the specific payment information as listed on your invoice. your practitioner.
- Invoices are sent to all clients via email (unless otherwise specified) by the 25th of each month. Invoices should be settled upon receipt.
- Invoices are sent using the payment platform, 'Wave'- kindly note that this system may send invoices into your Spam folder, kindly check in the Spam Folder before reaching out to us regarding missing invoices.
- Sessions missed or cancelled within 24 hours of your respective booking will be charged in full. Please prioritize session cancellations more than 24 hours in advance.
- Late payments are subject to penalty fees of up to 10% per month that the account remains unpaid.
- Regrettably unpaid invoices will result in the termination of any further services and will result in a hand-over to our debt-collectors partner.
- A portion of your fee will be donated to a charitable cause of your practitioner's choice. For more information about the cause of choice, please speak to your practitioner directly.

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PAYMENT PLANS & PACKAGES

Payment plans are available. A 25% deposit is requested upfront to secure our services, thereafter the remainder may be financed over 3–6-month period.

Session Packages: A discount of between 10-14% apply to 8-12 sessions paid for upfront.

MEDICAL AID SUBMISSIONS

The Senior Social Service Professional at The Connect Group is registered with the Board of HealthCare Funders allowing medical aid authorisations & submissions from the majority of South African Medical Aid Service Providers. The Connect Group is however a cash practice as such, invoices will first need to be paid by the client before submitting to their medical aid for a refund inline with their Medical Aid Benefits. Upon receiving payment, The Connect Group will issue the client a receipt of payment including the necessary ICD-10 Code, Tariff Code and Practice Number allowing you to submit directly to our Medical Aid for a refund in line with Medical Aid rates and the comprehensivity of your Policy. It is advised that you consult with your Medical Aid prior to confirming your sessions with us so that you are secure in the claims process to maximize your refund. Note that not all services offered by The Connect Group are recognized by Medical Aid Service Providers.

SERVICES & RATES

The Connect Group believes that access to quality mental health and therapeutic services is a human right and that no client should be denied therapeutic intervention owing to financial circumstances alone. Our rates reflect lower rates and are also negotiable where possible.

Rates for each respective practitioner are reflected as follows:

Senior Therapist: Blue

Junior Therapist: Green

ASSESSMENT SESSIONS

An initial session to determine the cause and extent of the problem and will result in a treatment plan and/or referral to alternative, complimentary service providers.

- 50-minute appointment slots
- Single session required to assess the problem

R790 per session

R500 per session

**Assessments financed in cash or via card in advance.

INDIVIDUAL ADULT SESSIONS

Person-centred therapy in a singular capacity

- 50 minute appointment slots
- Weekly or Biweekly Sessions recommended
- 8-12 sessions suggested for sustainable change.

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R790 per session

R500 per session

INDIVIDUAL CHILD & ADOLESCENT THERAPY (PLAY AND ART MODALITIES)

Child-centred therapy in which a child or adolescent expresses themselves and heals through play and creativity.

- 45 minute- 1 hour appointment slots
- Weekly or Biweekly Sessions recommended
- 8-12 sessions suggested for sustainable change.

R890 per session

R500 per session

PARENT/PRIMARY CAREGIVER SESSION FEEDBACK

Sessions providing feedback to primary caregivers regarding the child's therapeutic process and equipping caregivers to support the child's therapeutic process at home and/or school.

- 45-minute- 50-minute appointment slots
- Feedback session recommended half-way and at the end of the child's therapeutic process.
- NB: Written feedback/reports are charged additionally and subjectively.

R890 per session

R500 per session

COUPLES COUNSELLING

Therapy for conflict resolution and relational and/or intimacy improvement between 2 persons

- 50 minute- 1.5-hour appointment slots
- Weekly Sessions are suggested in addition to individual therapy for both parties with another therapist, independent of the couples therapy process.
- 12 sessions recommended for sustainable change.

R950 per session

R650 per session

FAMILY MEDIATION/ FAMILY SAFE CIRCLES

Conflict resolution therapy within a family unit with a maximum of 6 people within one session.

- Contractually agreed upon number of sessions, ordinarily suggested at once a week if not more, depending on the degree of conflict. Contract is reviewed frequently and adjusted as the relational dynamics become more manageable. Eventual reduction in sessions on a 'needs only' basis will be considered.
- 50 minute-1.5 hour appointment slots
- Ongoing therapy- Contractually agreed upon or court ordered number of sessions

R1250 per session

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DIVORCE MEDIATION

Conflict resolution therapy within a statutory framework between two parties and their children, experiencing divorce.

- Contractually agreed upon number of sessions, ordinarily suggested at once a week if not more, depending on the degree of conflict. Contract is reviewed frequently and adjusted as the relational dynamics become more manageable. Eventual reduction in sessions on a 'needs only' basis will be considered.
- 1 hour-1.5-hour appointment slots
- Ongoing therapy- Contractually agreed upon or court ordered number of sessions

R1050 per session

INDIVIDUAL SUPERVISION

A mental health mentor who guides you in ethical, competent, and effective practice so that you can be the best possible practitioner!

- Contractually agreed upon number of sessions, ordinarily suggested at once a month if not more, depending on the experience of the practitioner in question. Contract is reviewed frequently and adjusted as it becomes more manageable.
- Eventual reduction in sessions on a 'needs only' basis will be considered.
- 50-minute per session

R690 per session

GROUP SUPERVISION

A mental health mentor who facilitates a group of mental health professionals, collaboratively learning how to be ethical, competent, and effective practitioners whilst building networks and social support systems too!

- Groups run once a month as per the schedule advertised on the SSPC South Africa Facebook group
- Online and In-Person Groups available
- CPD points, readings, other resources and eats included
- 1.5-2 hours per session

R250 per session

SUPERVISED VISITATIONS /REUNIFICATION THERAPY

A mental health intern or practitioner who facilitates visitations or relational growth/re-attachment between a child and their caregiver or other court ordered person.

A minimum of R450 an hour + A rates for travel for supervision and a minimum of R1050 an hour for reunification therapy

Final costing is dependent on a combination of the following:

- The Day and Time of the Visit: Weekday | Weekends | Public Holidays | Long Weekends | Morning/Afternoon/Evening
- The Location

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- Who facilitates the supervised visit: Junior Social worker | Senior Social Worker | Partnering Social Worker
- The Frequency of Sessions
- Overtime Requirements
- The Notice Period: How much notice have you provided the practice with to assign a supervisor
- Report Requirements
- Any additional court stipulated considerations

COMMUNICATIONS- EMAIL, PHONE, WHATSAPP AND OTHER VIRTUAL CONSULTATIONS

- Questions and discussions regarding case progression with the client, legal representation and/or third parties outside of the agreed session times.
- Communication requiring more than 3 minutes outside of sessions will be charged at a rate of R5.00 per additional minute.
- Communications Retainer: Should you feel there is a need for a retainer allowing for frequent communication outside of your scheduled sessions, please discuss retainer rates with your therapist.

FORENSICS AND STATUTORY REPORTS

Care & Contact Assessment | Parenting Plans | Expert Opinion | Child Therapy Assessments | Abuse Assessment

Reports are charged at a minimum rate of R450 per hour for collating evidence, composition, editing and proofreading.

All reports are individually quoted, owing to the subjectivity of each report requirement. Please request full terms & conditions associated with statutory reporting from The Connect Group directly.

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